



## Welcome 2018-2020 District 19 Trusted Servant Panel

Updated District 19 Business Meeting Trusted Servants were elected to fill positions for the 2018-2020 panel. Here is a list of positions and names of those who volunteered and were voted in to fill those positions:

Position	Trusted Servant	Alternate
District Rep	Cecly	Mary O
Secretary	Andra	OPEN
Treasurer	Joni N	Kathy B
AlaNews	Sheri W	OPEN
Alateen	Billy W	OPEN
DAPP	Andy R	OPEN
Archives	OPEN	OPEN
Diversity	Sharon	OPEN
Group Records	Karen N	OPEN
Information Line	Merrily	OPEN
Institutions	Sandy B	OPEN
Literature	Rose T	Ellen K
Meeting List	Debbie	OPEN
Public Information	Monique H	OPEN
Special Events	Lorena	OPEN
Website	Zyg Z	OPEN

District Business Meetings  
(2nd Saturday of month)  
Kingsburg Community Church  
1590 Smith St Kingsburg

World Service Office (WSO) Mail  
Donations to: 1600 Corporate Land-  
ing Parkway Virginia Beach, VA  
23454 Phone: 757-563-1600 Fax:  
757-563-1655 Meeting Info: 800-  
344-2666 Web: al-anon.alateen.org  
NCWSA (Northern California  
World Service Area) (make checks  
payable to NCWSA) Web:  
ncwsa.org Mail Donations to: P.O.  
Box 10475 Pleasanton, CA  
94588,0475 Please note address  
change

## Why conference approved literature?

### What is it?

“Copied from service manual with permission from WSO”  
Conference Approval is the process for development of recovery literature (including recovery literature with a service focus) that reflect the group conscience of the Al-Anon Family Groups through actions taken by the World Service Conference. The conceptual ideas recommended by the WSO Literature Committees for implementation. Each item, when completed, bears the Conference Approval seal.

### P-35 Downloadable literature

Why is our literature “Conference Approved”? In the early days of Al-Anon, before there was a World Service Conference, individual groups wrote and distributed their own literature. Some of these materials reflected the principles of Al-Anon, others did not. A.A. literature was also used at Al-Anon meetings in the 1950s. In 1962 and 1965, the World Service Conference voted unanimously to recommend to groups the exclusive use of Al-Anon Conference Approved Literature. This encourages Al-Anon unity and assures that the Al-Anon message at our meetings will be clear and consistent

## 1970: THE LEGACY LIVES ON

WSC Conference report

Texas E. called for a vote on approving the Concepts and prefaced the vote with the following words: "I was proud to be one of those who attended the AA Convention in St. Louis in 1955 when Bill W. presented a similar AA document, (The Third Legacy) to the world of AA. I am even more proud to be part of this Conference where we as AI-Anons participate! I propose we adopt THE TWELVE CONCEPTS OF SERVICE as AI-Anon's legacy. I propose that the Concepts be accepted as presented to us and as we have read them. The motion was seconded by Michigan and unanimously carried,



I have only been in district/area service for three Delegates now, that equates to nine years, three World Service Conferences.

After a long day of meetings and other planned activities, and retiring for the evening, each Delegate has graciously shared their experience, strength and hope of their day in nightly emails to their area.

I looked forward each evening in anticipation to hear the details of her day. It was truly a spiritual experience as I read each evening, feeling as if I was in the room, sitting right next to her through the day. Rosanna and I exchanged a few texts on the day the delegates visited Stepping Stones. As she shared, her emotions were raw. It brought me to joyful tears. What an experience!

Spring Assembly, where the Delegate gives the WSC report, many wonderful words of wisdom are brought back from World Service Conference, but there's always that one thing that stands out just a little bit.....

When Patrick was our Delegate, "Make mistakes. It's ok to make mistakes."

Yvonne, our current immediate past Delegate said, "Coming back from WSC am truly humbled at this World Wide Fellowship that we belong to."

I am excited to hear the nuggets Rosanna's WSC report at assembly on the 19th with hold. I was humbled and inspired each night as I read and if I may I'd like to share a few gems I've already picked.....

Day 1, Heard today: "If you're not having fun in service, you're doing something wrong"

Day 2, Unlike in the alcoholic home, there was no power struggle here.

Instead of calling roll today, each stated our name and service position along with our home group. It was to remind us that the WSC voting members are members of Al-Anon.

Day 3,

I was moved when I stopped reading and looked around at the members of my Al-Anon family who were walking around the house. It was due in part to our co-founder Lois W that I was in New York, meeting and serving with people I never would have met otherwise and having a life I never expected to have.

Day 4, I was reminded why I am here: to serve the fellowship and not my ego.

Day 5,

A Reserve Fund Task Force of mostly Delegates reported on their Area's reserve funds. The floor was then open for discussion. Some Delegates admitted to not having a budget for their Area. One thing I learned was budgets don't have to balance. There was a lot of knowledge in the room. I stayed seated :).

Sheri W

AMIAS  
Recertification  
And Training.

It is a new year for those who are certified AMIAS. That's "Al-anon Member Involved In ALATEEN Service"

We met last month on the 21<sup>st</sup> of April. There were 9 folks re-certifying and one new candidate becoming certified. We were fortunate to have the AAAP, DE DE there to lead our session.

This was a full two plus hour instruction period That focus on doing the things the right way. Security for everyone that is involved was the main topic. For both the Teens and the Al-anon's.

The doors are still open for those members who want to find out what it takes to enter this important service in our recovery.

Got questions, my email is [andyreeve49@gmail.com](mailto:andyreeve49@gmail.com).

Andy R, DAPP for district 19.

## What is Public Outreach?

Public Outreach informs the general public through the media, professionals, facilities, and organizations about **who we are, what we do, and how to get in touch with us.** Our goal is to attract to our program those whose lives are or have been affected by someone else's drinking, so that those who need our program can find the help and hope we offer. Public Outreach includes Outreach to the Public/Media, Outreach to Professionals, and Outreach to Institutions. (G-29)

**You can do Outreach in several ways, here are some examples:**

- Invite a counselor (or group of counselors) to an open meeting of your Al-Anon Group, or bring a few members of your group to a family or treatment center, to introduce them to the potential benefits of Al-Anon.
- Donate 2 hours of your time giving out meeting schedules and other literature at an Al-Anon/Alateen, Health Fair table, community resource or other outreach events.  
Place a bookmark, "JUST FOR TODAY" (M-12) or "Al-Anon/Alateen Is & Is Not" (m-44) in books those members are returning to the library.

If you would like more information or would like to participate in Public Outreach, you can reach your PICPC Coordinator through:

Your local Group Representative (GR) or  
Click here to send an email to the Public Outreach Coordinator  
[public.information@southvalleyalanon.org](mailto:public.information@southvalleyalanon.org)

DISTRICT 19 TRUSTED SERVANTS (2015-2017 panel)

Position	Trusted Servant	Alternate
District Rep	Cecly ceclyd19@gmail.com	Mary O maroli4312@gmail.com
Secretary	Andra andra.oglesby@gmail.com	OPEN
Treasurer	Joni Treasurer@southvalleyalanon.org	Kathy B. browndogkb@gmail.com
Alanews	Sheri sheriw2013@gmail.com	OPEN
Alateen	Billy Alateen@southvalleyalanon.org	OPEN
DAPP	Andy AndyReeve49@gmail.com	OPEN
Archives	OPEN	OPEN
Diversity	Sharon diversity@southvalleyalanon.org	OPEN
Group Rec's	Karen group.records@southvalleyalanon.org	OPEN
Info Line	Merrily informationline@southvalleyalanon.org	OPEN
Institutions	Sandy institutions@southvalleyalanon.org	OPEN
Literature	Rose literature@southvalleyalanon.org	Ellen K
Meeting List	Debbie meetinglist@southvalleyalanon.org	OPEN
Public Info	Monique publicinformation@southvalleyalanon.org	OPEN
Special Events	Lorena specialevents@southvalleyalanon.org	OPEN
Website	Zyg Z web@southvalleyalanon.org	OPEN

**District 19 Information**

(Fresno, Madera, Kings & Tulare Counties)

**Web:** southvalleyalanon.org

**Information:**

Phone # 559-444-0224

*Leave a message with a volunteer for a return call!*

**Mailing Address:** D19 AFG  
4974 N. Fresno St., PMB 353  
Fresno, CA 93726

**Donations to District:**

Make checks payable to AFG, and include your group name and group WSO number and mail to;

District 19 - AFG  
AL-ANON Family Groups  
4125 W. Noble Ave., #223  
Visalia, CA 93277  
Please note address change

**AlaNews:** For submissions or to subscribe to the AlaNews email distribution, please email:  
Alanews@southvalleyalanon.org

**World Service Office (WSO)**

**Mail Donations to:**

1600 Corporate Landing Parkway  
Virginia Beach, VA 23454

**Phone:** 757-563-1600

**Fax:** 757-563-1655

**Meeting Info:** 800-344-2666

**Web:** al-anon.alateen.org

**NCWSA**

**(Northern California World Service Area)**

(make checks payable to NCWSA)

**Web:** ncwsa.org

**Mail Donations to:**

**P.O. Box 10475**

**Pleasanton, CA 94588,0475**

Please note address change

**12 Step Opportunity**

Looking for ways to respond to when anyone, anywhere reaches out for help, let the hand of AlAnon and Alateen always be there and let it begin with me? District 19 has 6 prisons, several jails and juvenile halls within our district. To date, District 19 has meetings in two of those prisons. Pleasant Valley in Coalinga has meetings on three of their seven yards. CSATF out in Corcoran, has just one for now, it just passed their first year anniversary. Administration would like to see Al-Anon on other yards at their facility. District 19 is in its infancy. Soon we will be back in the jails. Reaching the needs of our Alateens in juvenile halls before they become the prison inmates we now serve. Concept 4 is needed to build a solid foundation. For more info contact Sheri at sheriw2013@gmail.com or Billy at Billy937@outlook.com

**District Business Meetings  
(2nd Saturday of month) Time  
for all meetings: 1:00:30pm  
Kingsburg Community Church  
1590 Smith St. Kingsburg  
Kingsburg**

**ES&H**

When I finally asked someone to be my sponsor, I was so devastated by the way my life had been going that I cried through our first meeting together. The first assignment she gave me was to read all the pages on the topic "Hope" in the daily reader, "Hope for Today."

Reading these pages gave me the first of the many miracles Al-Anon has provided. For some reason I couldn't articulate, I actually felt some hope for my life. At the next Al-Anon meeting I went to, I shared this miracle. I shared that my sponsor had suggested that I read all the pages in one of our daily readers on the subject of hope, and that it had worked. I felt I had hope! As I was saying this, I looked at the book in my hands, and for the first time ever, I saw the book's title "Hope for Today" Although I had had this book for seven years, I truly never saw the title. Hope! The title of the book was Hope! And because of the miracle of the Program I finally had Hope!

Mary M

# **Al-Anon Acronyms**

<b>AA</b>	<b>Alcoholics Anonymous, a fellowship of people recovering from alcoholism following the 12 Steps, 12 Traditions and 12 Concepts of Service</b>
<b>AAPP</b>	<b>Area Alateen Process Person – an NCWSA Officer</b>
<b>ADAT</b>	<b><u>A Day at a Time</u>, one of the Alateen daily readers</b>
<b>AFG</b>	<b>Al-Anon Family Groups, a fellowship of people recovering from the family disease of alcoholism following the 12 Steps, 12 Traditions and 12 Concepts of Service</b>
<b>AIS</b>	<b>Area Information Service, mailing address and phone service for districts or areas; often at the LDC (see below)</b>
<b>AMIAS</b>	<b>Al-Anon Member Involved in Alateen Service</b>
<b>CAL</b>	<b>Conference Approved Literature, our fellowship literature written by you and me and approved by the WSC (see below)</b>
<b>DAPP</b>	<b>District Alateen Process Person</b>
<b>DR</b>	<b>District Representative, a member of the fellowship who facilitates district meetings and attends NCWSC meetings</b>
<b>GR</b>	<b>Group Representative, a member of the fellowship who participates in district meetings and attends NCWSA Assemblies</b>
<b>H&amp;I</b>	<b>Hospitals &amp; Institutions, an AA term for outreach efforts to hospitals and institutions; Al-Anon participates in the annual AA H&amp;I conference</b>
<b>KBDM</b>	<b>Knowledge-Based Decision Making, a process for reaching a group conscience</b>
<b>LDC</b>	<b>Literature Distribution Center, like a bookstore (non-profit) for CAL</b>
<b>NCWSA</b>	<b>Northern California World Service Area, one of 68 WSAs in the USA and Canada.</b>
<b>NCWSC</b>	<b>Northern California World Service Committee, made up of DRs, officers, coordinators and a few others who meet three times a year (Feb, May and July) and serve to keep meetings in touch with our worldwide fellowship</b>
<b>ODAT</b>	<b><u>One Day At A Time</u>, one of the Al-Anon daily readers</b>
<b>PI/CPC</b>	<b>Public Information and Cooperating with Professional Community (outreach)</b>
<b>SWRDM</b>	<b>Southwest Regional Delegate's Meeting, an orientation meeting for incoming delegates held by current and past delegates from our nine-area region, which includes NCWSA, SCWSA, Oregon, Hawaii, Arizona, New Mexico, Nevada, Utah, &amp; Colorado</b>
<b>TEAM</b>	<b>Together Empowering Al-Anon Members</b>
<b>WSA</b>	<b>World Service Area; each area is represented by a delegate at the WSC</b>
<b>WSC</b>	<b>World Service Conference, Al-Anon's annual meeting in April (see pg. 111 of the Service Manual)</b>
<b>WSO</b>	<b>World Service Office, AFG headquarters in Virginia Beach (see pg. 111 of the Service Manual)</b>