

AFG - District 19
District Meeting on Zoom
Saturday, Sept 10, 2022
1:00pm - 3:00pm



- 1) Open with the Serenity Prayer (1 min)
- 2) Read Steps, Traditions, and Concepts in English and Spanish If applicable (10 min)
- 3) Volunteer to be timekeeper (1 min)
- 4) Tradition 8 and 9 with open ESH (15 min) 3 minute shares
- 5) Roll call of voting GR'S and Vote to approve last business minutes (6 Min)

New Business

- 6) Standing for District Positions with voting (10 min) or longer as needed
- 7) Call for: Thought Force/ Task Force District 19 finances/budget moving forward (5 min)

SELF CARE BREAK (12 min)

- 8) Something to think about, (Printed Service Manuals for Registered groups?) Mary O (5min)
- 9) Service Manual Discussions (KBDM) and vote (15 minutes)
- 10) NCWSA October Assembly 2022 Mary O (10 min)
- 11) Workshop Ideas? (5 minutes)
- 12) Coordinator and GR reports "What are Your Group Successes" (30 min) (3 min shares)
Close with Al-Anon Declaration

Reminder GR's vote all have a voice. All members are welcome to attend.

Zoom Meeting ID: 923 6005 7391

Passcode: 582487

One tap mobile

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*****Any suggestions/ comments/ ideas/ please: please contact your District Rep at:
Rep@southvalleyalanon.org

Thank You everyone and see you on the 10th for some virtual hugs!
In Humble, Grateful, Loving Service Mary O District 19 Rep

Want to be part of our Dist. 19 T.E.A.M. (Together Empowering Al-Anon Members) at a Dist. level and a Link of Service? We are looking to fill the following positions:

Treasurer
Outreach Coordinator
Institutions Coordinator
Special Events Coordinator
Web Coordinator

Alternate Positions:

Treasurer
Web
Diversity
Outreach
Institutions
Special Events

For a description of these positions please find them on our members tab at ([South Valley Al-Anon.org](http://SouthValleyAl-Anon.org)) Web page using the navigation bar. Titled D 19 Guidelines-Handbook. And as Always we don't have to do it alone.

In Service

Mary O Dist 19 Rep



The Answer Is in the “Service Manual”

Growing up in the family disease of alcoholism affected how I communicated my needs and wants. In Al-Anon, I’ve learned to talk to other members and reason things out with them. What a novel idea! But how do I do this? How can I participate?

Participation in Al-Anon group business meetings gives me the chance to practice the principle of engaging in a “loving interchange among members”—a discussion. As a member, I have resources at my fingertips to answer almost any Al-Anon group-related question that begins with “how,” “what,” “where,” “when,” or “why.” The answer can almost always be found in the *Al-Anon/Alateen Service Manual* (P-24/27)!

The current [2022-2025 Al-Anon/Alateen Service Manual \(P-24/27\)](#) is available on al-anon.org as a free download! While there, use the search feature to find what you’re looking for. Be informed! Have fun using Al-Anon tools!

By Sue P., Associate Director—Group Services