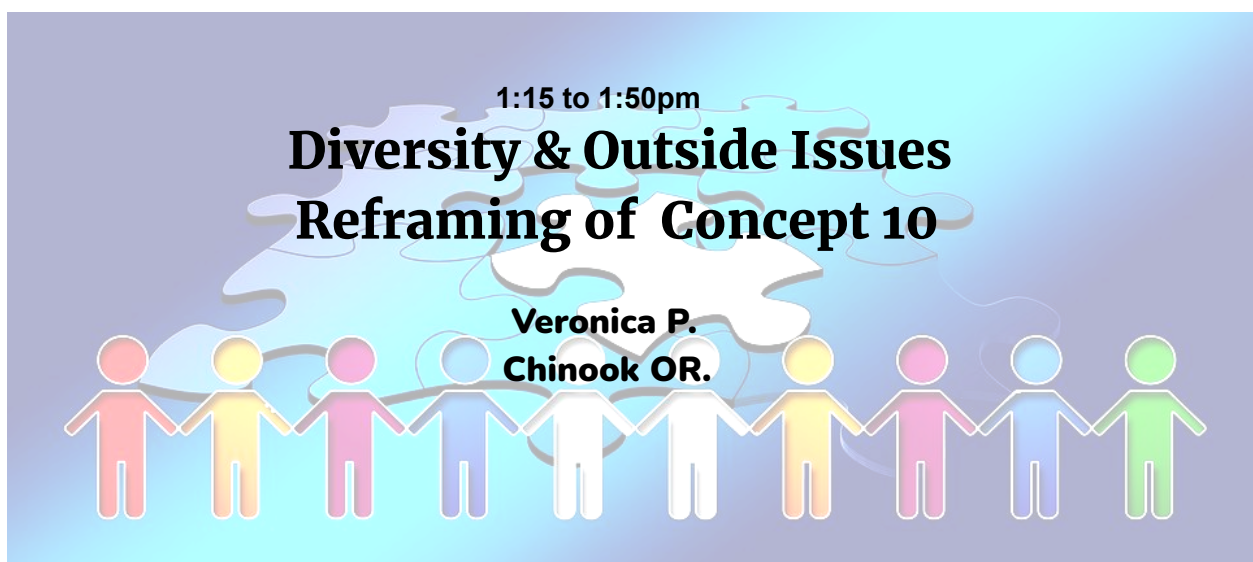


**AFG - District 19
District Workshop on Zoom
Saturday, May 13, 2023
1:00pm - 2:30pm**



- 1) Open with the Serenity Prayer (1 min)
- 2) Read Steps, Traditions, and Concepts in English and Spanish If applicable (10 min)
- 3) Thought for Today (4 min) from our Daily Readers



**1:45 - 2:00 Self Care Break
2:00 - 2:30 Discussion and fellowship**

Closing with the Al-Anon Declaration

Zoom Meeting ID: 923 6005 7391

Passcode: 582487

One tap mobile

+16699006833,,92360057391#,,,,*582487# US (San Jose)

+13462487799,,92360057391#,,,,*582487# US (Houston)

****Any suggestions/ comments/ ideas/ please: please contact your District Rep at:

Rep@southvalleyalanon.org

Thank You everyone and see you on the 13th for some virtual hugs!
In Humble, Grateful, Loving Service Mary O District 19 Rep

