

2024 16<sup>th</sup> Annual  
**NCWSA ALATEEN SPONSORS' R&R**

*Reaching Out & Growing Relationships*

*“Let It Begin with Me”*

*For current AMIAS & Al-Anon members interested in Alateen Service*

**Westminster Woods**

**6510 Bohemian Highway, Occidental, CA**

**September 20 - 22, 2024**



*Share experience, strength, and hope in Alateen Service  
B-17 Training, Speakers, Workshops & Love Bag crafts  
All are welcome to perform at the Campfire Talent Show*

**Registration Packets** at [NCWSA.org](https://ncwsa.org) 'Calendar' tab at September 20-22

- Pre-Registration: \$205 (postmarked on or before August 19, 2024)
- Late Registration: \$225 (until September 6, 2024, if space is available)

For more information, or to serve on the planning committee contact:

Sarah E., NCWSA Alateen Coordinator, (650) 464-1925 or email: [alateencoordinator@ncwsa.org](mailto:alateencoordinator@ncwsa.org)

## REGISTRATION FORM

Please send full payment attached to your registration form.  
***Not refundable, but transferable to another attendee for this year***

♥ Our NCWSA Sponsors' R&R is fully self-supporting. Remember that registration pays for expenses, and includes fees for accommodations, four meals, and activities.

- Pre-Registration: \$205 (postmarked on or before August 19, 2024)
- Late Registration: \$225 (until September 6, 2024, if space is available)

I request the use of a handicap bathroom and sleeping room.  
**(NOTE: Early requests are strongly encouraged as there is a limited number of beds.)**

First Name: \_\_\_\_\_ Full Last Name: \_\_\_\_\_  
Preferred Name: \_\_\_\_\_ First Time Attending? Yes  No   
Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Gender:  Male  Female  
Street Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Email: \_\_\_\_\_  
Current Alateen Group Sponsor? Yes  No  How Long Sponsoring: \_\_\_\_\_  
If "Yes," Name of Group: \_\_\_\_\_  
Group Type:  Alateen  Alateen 6-12 yrs.  School  Institution  
Do you prefer vegetarian meals? Yes  No   
Are you willing to lead a Workshop? Yes  No   
Are you willing to lead a Meeting? Yes  No   
Would you make use of Spanish/English translation, if provided? Yes  No

### **ALL REGISTRANTS MUST SIGN THE FOLLOWING:**

The undersigned agree(s) to hold Westminster Woods, Al-Anon/Alateen Family Groups, and NCWSA harmless for any injury, loss, or damage of any nature. This includes, but is not limited to, the body, or any property. The undersigned agrees to assume full responsibility for any such injury or damage. I have read the guidelines on the next page and agree to abide by them.

**SIGNATURE:** \_\_\_\_\_

*PLEASE USE A SEPARATE FORM FOR EACH PERSON & MAKE CHECK PAYABLE TO:*

**“Northern California World Service Area of AFG, Inc.” (Do not abbreviate)**

Mail to: Paula H./Sponsors' R&R Pre-Reg  
P. O. Box 7733  
Santa Rosa, CA 95407

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**IMPORTANT INFORMATION UPON ARRIVAL**

Registration and Check-in Friday 5:30pm to 7:00pm  
Please do not arrive before 5:30pm

**MEALS INCLUDED WITH REGISTRATION**

Friday: Dinner **ON YOUR OWN NOT INCLUDED**  
Saturday: Breakfast, Lunch & Dinner **INCLUDED**  
Sunday: Breakfast **INCLUDED**

**EVENT CONCLUDES SUNDAY AT NOON**

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**WHAT TO BRING**

- Calling card; cell phones will not work at Westminster Woods, a pay phone is available, if necessary. Sleeping bag/blankets, pillow, clothes for warm days & cool nights, sunscreen, bug repellent, flashlight, toiletries, bath towel, snacks, tennis shoes, hiking shoes or boots, rain gear if rain is forecast.
- ***If you have special dietary needs, please bring the foods you will need for the weekend; a refrigerator is available. The facility provides vegetarian options but cannot accommodate vegan, gluten-free, or other restricted diets.***
- All are welcome to perform at Saturday night's Campfire Talent Show; bring instruments, costumes, songs, etc.
- Optional: make & bring small love gifts for approximately 60 attendee's love bags.
- ***PLEASE PRINT & BRING A COPY OF THE B-17 FOR YOURSELF WHICH CAN BE FOUND IN THE ALATEEN TAB AT NCWSA.ORG***

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**GUIDELINES**

*We ask attendees follow the same guidelines teens are asked to follow at their conferences; it's good practice.*

1. Minimum age to attend is 21 years.
2. No co-ed sleeping in cabins, no same-sex couples in the same cabin, and no sleeping in the meeting room. No exceptions.
3. Once registered and checked in, ***there is no leaving the grounds***. During the weekend there is no leaving the boundaries of our site without first notifying two committee members.
4. No smoking or vaping outside the designated smoking area. We are asked to keep the area free from litter. If you are caught smoking outside of the designated area you will be asked to leave.
5. Attendance in workshops, events, and the talent show are strongly suggested.
  - ***If you are ill and cannot attend, please inform at least one committee member.***
6. Possession of drugs and/or alcohol is strictly forbidden.
7. Illegal weapons, firearms, or fireworks are strictly forbidden.
8. No amplified electronic devices. Headphones are required.
9. We are guests at Westminster Woods, and we ask that the standards of conduct for Westminster Woods be respected (modest dress, polite language, restraint in public displays of affection, self-control when angry, patience, kindness, understanding, and respect in relationships).
10. Anyone who deems it necessary to break these guidelines will be asked to leave at their own expense.

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**NCWSA's B-17 Training will be held on Saturday.  
This training satisfies both AMIAS recertification & New Candidate certification  
requirements for 2025.**

***PLEASE PRINT & BRING A COPY OF THE B-17 FOR YOURSELF WHICH CAN  
BE FOUND IN THE ALATEEN TAB AT NCWSA.ORG***

## **DRIVING DIRECTIONS TO WESTMINSTER WOODS**

### **From the south –**

Driving north on 101, take the Cotati exit that says "Highway 116 West" (5 miles **past** 116 East). At the light, turn left. You are now heading west on Highway 116.

Go through the town of Sebastopol, following the signs to stay on Hwy. 116.

After you leave the town of Sebastopol, you will drive through the country for about 3 miles to a stoplight at Occidental Road. Turn left.

Travel another 7 miles until the road ends in Occidental at Bohemian Hwy. Turn right.

Travel about 4 more miles. Westminster Woods is on the left just past Alliance Redwoods.

If you see Mt. Zion Camp, you have gone too far.

The address is 6510 Bohemian Hwy. The telephone number is 707-874-2426.

### **From the north –**

Driving south on 101, take the Santa Rosa exit for Guerneville Road.

Turn right at the light. You will now be on Guerneville Road.

Go through Santa Rosa and head out into the country until the road ends at Hwy. 116. Turn left.

Go about 1 mile to a stoplight at Occidental Road. Turn right.

Travel another 7 miles until the road ends in Occidental at Bohemian Hwy. Turn right.

Travel about 4 more miles. Westminster Woods is on the left just past Alliance Redwoods.

If you see Mt. Zion Camp, you have gone too far.

The address is 6510 Bohemian Hwy. The telephone number is 707-874-2426.

### **From Sacramento –**

Take Highway 80 to Vallejo. Go west on Highway 37 to Highway 101 North, just south of Novato.

Follow the directions above for coming from the south.

***Looking forward to seeing you in the woods!***